

## Author Mocha Sistah Releases New Poetry Collection

Written by Robert ID2419

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Pam Osbey, aka 'Mocha Sistah' is releasing her ninth publication filled with over twenty-six heart wrenching, emotionally, uplifting poems, Mocha Sistah presents her most intimate collection of poetry to date, Tears of a Woman: The Light Within.

The chapbook is guaranteed to fill your soul. 'Tears of a Woman: The Light Within' addresses community issues, world issues, the familiar foundation of family, abandonment and love.

This collection presents to the reader a journey of unconditional love tainted with realism and internal thoughts which spill on pages from her own pen. Tears of a Woman, shows you though there are tears that drop from the face, tears are cleansing in this life. Tears can help to cleanse the mind, body and soul as the foundation of the reason comes forth. The light will surely come from within as your mind gets exposed to Mocha's world of love, confusion, melodic memories of the past, rageful moments that push beyond boundaries and embracing the energy that comes from the pain and confusion of this journey called life.

Pam Osbey, aka "Mocha Sistah," has an extensive background in musicality and the written and spoken word. Mocha Sistah began singing at the early age of 8, and has performed for weddings, talent shows, and special events. As a student at Columbia College, she had the opportunity to perform in a black history program for Senator Julian Bond. Her major poetic influences are Maya Angelou, Nikki Giovanni, and Sonia Sanchez. Her literary influences are Terry McMillan, Alice Walker, and Eric Jerome Dickey just to name a few. Her poetry has been published online at Ebonylove.net, Sisterfriends.com, Rhapsody Publishing, and The Nubian Chornicles. Her poetry has also been published by the Gramblinite and the eXpressions Journal. Her short stories and relationship articles have been published by the Nubian Chronicles and Sisterfriends.com. She currently is a contributing writer for Black Romance Magazine and Bronze Thrills, as well as Brown Sugar Lounge. Mocha has been published in many anthologies including, "My Soul To His Spirit", "100 Words of Wisdom for Women", and "I Woke Up and Put My Crown On". Mocha is a poet educator in the Chicago Public School System, and works with several literary organizations in Chicago, including, Poetry Center of Chicago and the Chicago Humanities Festival as well as community based organization.

The author lives in Chicago where she is currently working on releasing her first author under her book company Osbey Books. She is also eagerly anticipating the release of her first novel, When Rainbows Aren't Enough.

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Please visit the Website: [www.lulu.com/mochasistah](http://www.lulu.com/mochasistah)